



Encouraging Healthy Food Choices

Shake is a very visual show that uses mainly marionettes (stringed) puppets to keep the young audience's attention for the forty minutes of the show.

Tutti-Fruity [the puppet that's good enough to eat] comes completely apart: first one arm, then the other, then legs and even his head decides to wander off and it's all done in time to toe-tapping music.

Much of the show is set to music as all manner of colourful marionettes come apart, change and do the unexpected and the seemingly impossible.

With healthy eating as the core message, Shake explores the food pyramid, the importance of exercise and a balanced diet whilst ensuring that the kids are thoroughly entertained and delighted from start to finish. The emphasis is on learning as fun.

What other pre-schools have said:

Very vibrant and interesting. Children loved it! Karina was very happy & friendly.
Anna Kryj. Early Education & Care Centre - Wattle Grove. Wattle Grove. NSW.

Our children loved the performance and interacted with the level of information they were learning. Karina was very good and interacted with the children perfectly. Every time we have had visits we have been happy with everything.
Linda Brown. Kindarama. Kirrawee. NSW.

Absolutely loved Shake. Addressed the kids interest into healthy eating perfectly. Karina is a fantastic performer, amazing at engaging the kids throughout the performance.
Melisa Seaton. St Thomas Child Care Centre. Rozelle. NSW.

Price: \$6.60 per child (GST included)
or \$415.80 (\$378.00 plus \$37.80 GST) whichever is the greater.

Suitable: 2 to 6 year olds.

Times: Show: 40 minutes. Set up: 40 minutes. Pack up: 40 minutes.

Requires an indoor performing area 5m deep x 5m wide.



School Performance Tours

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