



Staying fit and healthy is heaps of fun.

With amazing acrobatics, breath taking balancing and quirky dancing these two larrikins, Robin and Claire, prove that staying fit and healthy is heaps of fun.

Numerous ideas and fun activities for maintaining a healthy life balance are explored throughout this exhilarating performance. While students are laughing at their zany antics and are amazed at their circus style skills, a lively banter between the two is encouraging all manner of healthy life choices, like:

You can challenge yourself and still have time to do the things you love to do.

Good communication helps make and maintain good friendships.

Making mistakes is all part of being who you are.

Make the most of what you have. Eat well.

Having a sense of humour is important but you don't have to laugh at all Claire's jokes, even if she thinks they are funny.

While these two play at being a pair of old fogies they are anything but. Most of the young audience would be overjoyed if they could do a fraction of the amazing balancing, acrobatics and dance moves these two can do.

Circ-cessful conveys the important message, staying healthy is heaps of fun, in this most exhilarating fifty minutes of pure entertainment.

What schools have said: Students were thoroughly entertained. We had kinders through to grade 6 and all the students were captivated. Explained what they were doing and why - but in a fun way. *Susan Olley. K to 6. Strathmerton Primary. VIC.*

 High energy - Very good skills - Highly entertaining for students and adults. Very amusing.

 Ben Kelson. Macarthur Primary School. VIC.

Curriculum Relevance. Dance: Performing, Composing, Appreciating. Story telling through dance. **English:** Rhyme, Verse.

Price: \$6.00 per student (No GST applies). Robin Godfrey ABN: 34 945 489 108
Suitable: Preps, K to Year 6. Minimum Audience Size: 130 students.
Times: Show: 50 minutes. Set up: 40 minutes. Pack up: 30 minutes.
Requires an indoor performing area 5m deep x 5m wide.

